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PE Curriculum LTP 2022-23

Reception

Aut 1		Aut 2		Sp 1		Sp 2		Sum 1		Sum 2	
Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Indoor	Outdoor	Outdoor	Indoor
<u>Dance</u> - Nursery Rhymes		<u>Gymnastics</u> - Movement <u>Locomotion</u> - Walking		<u>Dance</u> CPD Jodie	<u>Gymnastics</u> High, low, over & under	<u>Games</u> CPD Matty <u>Ball Skills</u> Hands 1		<u>Games</u> CPD- Nikki <u>Ball Skills</u> Feet 1	<u>Ball Skills</u> Hands 2	<u>Locomotion</u> Jumping	<u>Games CPD-Nikki</u> <u>Attack v Defence</u> <u>Games for understanding</u>

Year 1

Aut 1		Aut 2		Sp 1		Sp 2		Sum 1		Sum 2	
Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	In/outdoor	Outdoor	Outdoor
<u>Locomotion</u> Running 1	<u>Games</u> CPD	<u>Ball Skills</u> Hands 1	<u>Dance</u> Heroes	<u>CPD</u> <u>Ball Skills</u> Feet 1 (N.Dudley)	<u>Gymnastics</u> Wide, narrow, curled	<u>Ball Skills</u> Hands 2	<u>CPD</u> <u>Dance</u> (J Travis)	<u>Locomotion</u> Jumping 1	<u>Ball Skills</u> Rackets, bats & balls	<u>Team Building</u>	<u>Attack V defence</u> Games for understanding

Year 2

Aut 1		Aut 2		Sp 1		Sp 2		Sum 1		Sum 2	
Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Indoor	Outdoor	Outdoor	Outdoor
<u>Locomotion</u> Dodging	<u>Health& Wellbeing</u> Agility, balance and co-ordination	<u>CPD (M Downing)</u> <u>Ball Skills</u> Hands 1	<u>Dance</u> Mr Candy's Sweet Factory	<u>Ball Skills</u> Feet 1	<u>Gymnastics</u> Linking	<u>CPD</u> <u>Ball Skills</u> Hands 2 (N Dudley)	<u>Dance</u> Explorers	<u>Locomotion</u> Jumping 1	<u>Ball Skills</u> Rackets, bats & balls	<u>Team Building</u> <u>Sports Day Preparation</u>	<u>Attack v Defence</u> Games for Understanding





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Year 3

Aut 1	Aut 2	Aut 2		Sp 1		Sp 2		Sum 1		Sum 2	
Outdoor	Indoor	Outdoor	Outdoor	Indoor	Indoor/Outdoor	Outdoor	Indoor	In/Outdoor	Outdoors	Outdoor	Indoor
Invasion Games Basketball	Health & Well-being Mindful Movement	CPD – Invasion Games (Nikki Dudley) Handball	OAA Communication & Tactics	Gymnastics Symmetry & Asymmetry	CPD – Invasion Games (M Downing) Hockey	Invasion Games Netball	Dance Witches & Wizards	Net & Wall Games Tennis	Athletics	Sports Day Preparation Striking & Fielding Rounders	Dance Wild Animals

Year 4

Aut 1	Aut 2	Aut 2		Sp 1		Sp 2		Sum 1		Sum 2	
Outdoor	Indoor	Outdoor	Indoor	Indoor	Outdoor	Indoor	Outdoor	Outdoor	Indoor	Outdoor	Indoor
Invasion Games Netball	Health & Wellbeing Mindful Movement	Invasion Games Hockey	Gymnastics Bridges	Swimming	Invasion Games Basketball	Swimming	Striking & Fielding Cricket	Swimming	Net & Wall Tennis	Sports Day Preparation Athletics	Swimming





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Year 5

Aut 1		Aut 2		Sp 1		Sp 2		Sum 1		Sum 2	
Indoor	Indoor	Outdoor	In/Outdoor	Outdoor	Indoor	Outdoor	Indoor	In/Outdoor	Indoor	Outdoor	Indoor
<u>CPD</u> <u>Dance</u> <u>Street</u> <u>Dance</u> (J Travis)	Swimming	<u>Invasion</u> <u>Games</u> Tag Rugby	Swimming	<u>Invasion</u> <u>Games</u> Hockey	<u>Health</u> <u>Related</u> <u>Exercise</u>	<u>Invasion</u> <u>Games</u> Netball	<u>Gymnastics</u> Counter Balance & Counter Tension	CPD Invasion Games Basketball (M Downing)	<u>Net</u> <u>and</u> <u>Wall</u> Tennis	<u>Athletics</u>	<u>Striking &</u> <u>Fielding</u> Rounders

Year 6

Aut 1		Aut 2		Sp 1		Sp 2		Sum 1		Sum 2	
Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	In/Outdoor	Outdoor	Indoor
<u>Invasion</u> <u>Games</u> Tag Rugby	<u>CPD</u> <u>N Dudley</u> <u>Sports</u> <u>Leadership</u>	<u>Invasion</u> <u>Games</u> Hockey	<u>Health</u> <u>Related</u> <u>Exercise</u>	<u>Invasion</u> <u>Games</u> Netball	<u>Gymnastics</u> Matching and Mirroring	<u>Striking</u> <u>&</u> <u>Fielding</u> Cricket	<u>Dance</u> Carnival	<u>Net and</u> <u>Wall</u> Tennis	<u>OAA</u> Orienteering	<u>Sports Day</u> <u>Preparation</u> <u>Athletics</u>	<u>Striking</u> <u>and</u> <u>Fielding</u> Rounders

